

AZAAN INTERNATIONAL SCHOOL

Grade - I

Activity Sheet- V

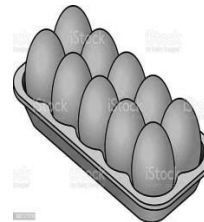
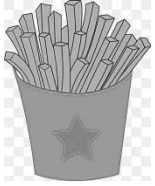
Subject-E.V.S

Name: _____ Class: _____ Sec: _____

LESSON NO: 6. OUR FOOD.

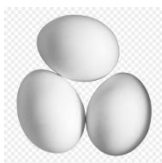
I. Healthy or not healthy?

Identify the food in the pictures below. Write down 'Healthy' for healthy food and 'Not Healthy' for unhealthy food.



II. What do you have for breakfast/ lunch/ dinner?

Look at the food items and fill in the columns.



Eggs



Dal



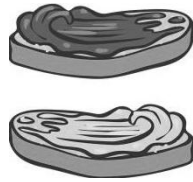
Salad



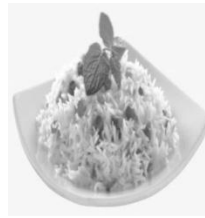
Idly



Fish



Bread



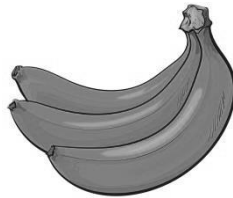
Rice



Chapati



Milk



Banana



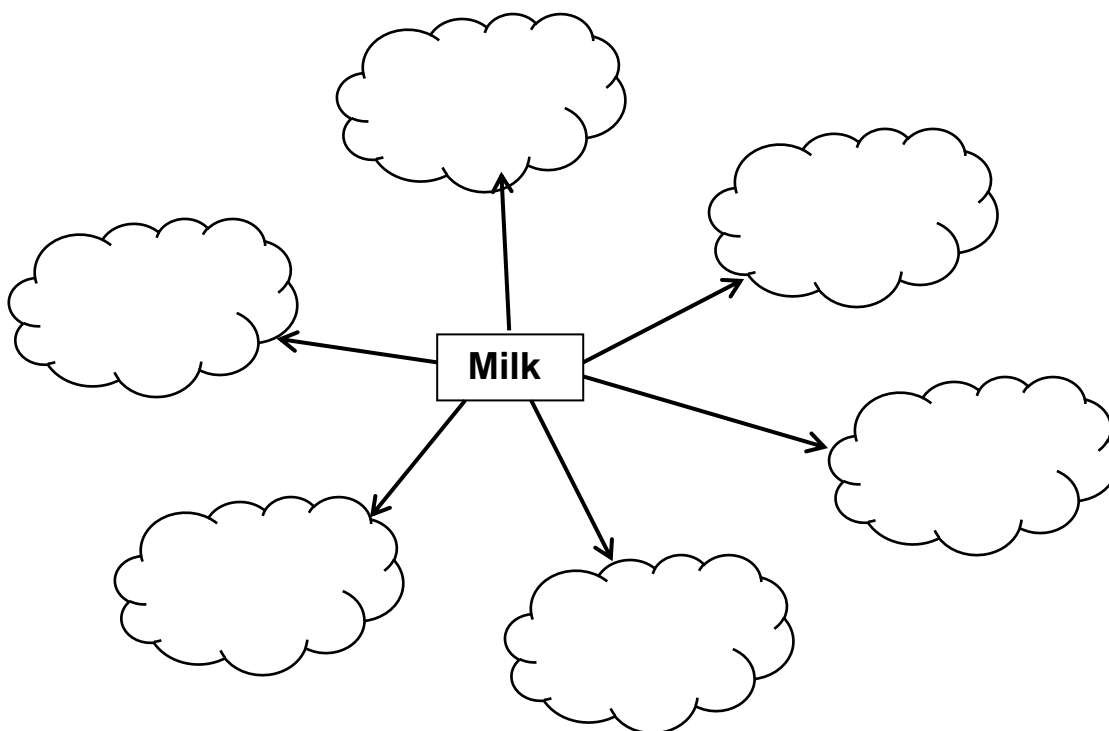
Juice



Mutton

Breakfast	Lunch	Dinner

III. Write the name of any six foods made of milk.



IV. Draw, label and colour your favourite fruit and vegetable.

My favourite fruit	My favourite vegetable